



APRIL 2024 Lunch Menu



Fresh Fruits & Vegetables served daily at lunch!
All bread products are whole grain rich!
1% White is offered daily at lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No 4K	2 Hot Dog on a Bun	3 Nacho Cheese Walking Taco	4 Bacon Cheeseburger	5 No 4K
8 Grilled Cheese	9 Spaghetti & Meatballs	10 Cheeseburger	11 French Toast Sticks w/ Sausage Patty	12 No 4K
15 Hamburger	16 Chicken Nuggets w/ Roll	17 Cheese Pizzadilla	18 Corn Dog	19 No 4K
22 Beef Soft Tacos	23 Corn Dog	24 Pancake Bites	25 Hot Dog on a Bun	26 No 4K
29 Chicken Nuggets w/ Cheez-Its	30 Grilled Cheese	1 Popcorn Chicken w/ Roll	2 Mini Corn Dogs	3 No 4K

SWEET TARTS

Apricots are part of the rose (rosaceae) family, which explains why they smell so sweet. These tangy, succulent fruits are nutrient powerhouses—chock full of vitamins A and C, fiber, iron, antioxidants, and calcium. They are also one of the few fruit that possesses nearly all of the minerals necessary for bone growth. These drupes, similar to small peaches with their yellowy orange, sometimes velvety skin, are versatile and often enjoyed fresh, dried, juiced, made into jam, or baked into desserts such as tarts. California, with over 9,000 acres planted, accounts for 95 percent of the nation's total apricot production.



I say
ape-ricot!

ACTIVITY: YOU DON'T SAY...

Depending on your geographic location, many words are pronounced differently. Try saying the different pronunciations of the words listed below. Circle the one you regularly use and compare with friends and family.

Apricot
app-ricot
ape-ricot

Lawyer
loyer
law-yer

Bagel
bay-gull
bah-gul

Mayonnaise
may-uh-naze
man-aze

Pecan	
pee-KAHN	PEE-can
pick-AHN	PEE-kahn

Tour
tore
too-er

Crayfish
cray-fish
craw-fish

Caramel
car-ml
carra-mel

Syrup
sear-up
sih-rup
sir-up

Crayon	
cray-ahn	cran
cray-awn	crown

DID YOU KNOW?

MY PRECIOUS Apricot is Latin for “precious”. Many believe they earned this name because they ripen earlier than other summer stone fruits like peaches or cherries.

FRUITFUL TRAVELS Apricots are cultivated on every continent except Antarctica.



ACE'S JOKE OF THE MONTH



Q. WHAT DID THE FRUIT SAY WHEN IT SAW ITS BRANCH START BENDING?

SEE ANSWER BELOW